

Feminine

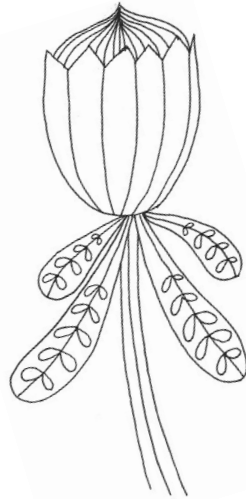
and why you want more of it in your life

We all have masculine and feminine qualities to our true essence. These are the collective of innate elements and spark of our being. Our creative life force. Our ying and yang. Returning to the feminine now addresses the residual imbalance that today's modern woman is experiencing. The fallout from the push towards industrialised living, gender comparison and equality. The pendulum of who we are, how we behave and our expression to the world has been pushed and pulled, analysed and recommended. We can bring it back into natural balance by remembering more of our softer and connected qualities.

Do not confuse the feminine in being slack or weak. A Modern Goddess embodies her strength and equality whilst remembering her intuitive felt-sense of who she really is. She is both flowing, dark, soft and mysterious. Modern science clearly tells us that men and women think, feel and behave differently. We simply cannot try to 'be the same'. The female and male brain, personality, perception, reaction and emotions are uniquely wired with good reason. We can embody our female uniqueness to enhance the quality of our entire life including loving relationships, internal harmony, communications, access inner wisdom, connectedness and our spark for living. When women sit in circle, our gateway reopens to experience the layers of our divine rewilded feminine.

The essence of the feminine energy:

- Interconnectedness
- Loving
- Nurturing
- Heartfelt
- Inclusion
- Cooperation
- Receptivity
- Being
- Allowing
- Communicative
- Emotional
- Intuition
- Oneness
- Compassion
- Surrender
- Empathy
- Radiance
- Flow
- Sensuality
- Tenderness
- Patience
- Sharing



A relationship is most passionate, connected and sensual when a woman is in her flowing feminine and her lover in his masculine. Here she feels safe to rest in his strong arms and he is empowered to be her rock and provider. Our true spirits long for this from one another...

A Woman living in her feminine:

- feels less stressed and more flowing
- feels more intuitive, connected and wise
- surrenders to being 'held' by her lover.
- experiences more love and passion.
- celebrates her 'complexities' as a gift.
- is free to feel and express emotionally.
- knows she is fierce and powerful
- knows there are no competitions, she is her own being, she is enough and she is whole.

The masculine essence includes: freedom, direction, logic, focus, integrity, stability, passion, independence, discipline, confidence, awareness and strength.

Important gems to relationship success:

We each need to have a developed a healthy masculine and feminine.

We need masculine and feminine polarity in our relationship for fire and spark.

All throughout ancient history males and females held equal status in various ways.

Differences were honoured, not compared. Women brought life into the world and their men provided. Women often ran the show. We still say today, 'when the woman of the house is happy, everyone is happy!'

When a woman vibes out I can take care of myself,
this puts men off.

He thinks 'if you are so strong why do you need me?'